As TOTALITY YOU are present within all THINGS — EVERY-WHERE. Thus YOU can BECOME AWARE at the LOCATION of a past incident and also at the BODY AWARENESS UNIT.

This meets the requirements of the TWO-TERMINAL physical universe and is the TOTAL super-conscious MEMORY.

163 It is merciful that we do not REMEMBER past lives until we are ABLE, under correct instruction, to release the heavy shock patterns these recordings contain.

It is fairly common knowledge that the BODY is the recorded TOTAL of past evolutionary experiences. You may say this accounts for the differences in people.

In each lifetime similar patterns of perception occur — SEE, HEAR, SMELL, FEEL and TASTE.

In DAILY LIVING the presence of SIMILAR PATTERNS, three or four of them, will automatically restimulate and/or reactivate old past life incidents into actual dramatizations on the physical BODY.

The BODY can dramatize these at an alarming and astounding rate. It is believed that 99% of human ills are caused from restimulations out of past recordings in the BODY forcefields. Would you believe 100%?

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cycles of experience –
automatic reactions
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164 The group of BODY SPIRITS is a rugged survival unit, but their automatic response mechanisms are not reasonable they just respond to any stimuli encountered at any and all LOCATIONS. A past-life FACSIMILE or recording activated 100% on the present BODY could be fatal. Say the recording is about an important body dying of battle wounds. In the past-life the SPIRIT, unable to repair the BODY instantly and unable to stand the pain, made the decision that the only way to WIN was to leave the BODY.

This lifetime the SPIRIT, operating almost entirely on automatic, begins to activate BODY dramatizations of all these old recordings and pains. The SPIRIT thinks, "WOW! I'VE DONE IT AGAIN!"

If the SPIRIT is not acquainted with the fact that he/she is TOTALITY and thus ABLE to ASSIGN and UNASSIGN the old recordings — it would automatically go off and leave the BODY again. Of course the relatives will not find any wounds on the BODY this time around.

Therefore, it is MOST IMPORTANT that you do not start HUNTING for PAST-LIVES RECORDINGS until you have **CERTAINTY** of being able to handle them as TOTALITY the TOTAL SELF.

165 The majority of SPIRITS using BODIES on planet Earth this life-time have entered into HYPNOTIC AGREEMENTS that they CANNOT DESTROY A THOUGHT — CAN CREATE WITH THOUGHT.

> Old thought form recordings of the past thus become indestructible to these SPIRITS. This makes KARMIC recordings possible and all the other wild invariables of the TIME GAME.

166 Many have questioned past lives because they cannot see the pictures or be AWARE of the recordings. However, as you begin to regain your AWARENESS and KNOWINGNESS as the TOTAL SELF, past life areas with heavy emotional charges that relate to this lifetime may come into view and need to be handled and released.

A light particle, an atom or a cell cannot be seen with the eye. Neither can you see the picture coming through the air to your TV set because they are above the visual frequencies.

Your receiving set contains resistors, condensers and elements that lower the frequencies to the sight level. Similarly the human organism and its groups of ASSIGNED SPIRITS form resistances and mechanisms that convert past life recordings into characteristics of structure and personality in the BODY you wear today. Your BODY CIRCUITS with proper training can be **TUNED IN** to VISUAL AWARENESS and KNOWING levels.

I67 It is important to KNOW how past-life recordings automatically control and condition your present life existence. Freeing yourself from automatic controls helps to CREATE a future of your own likes and needs.

cycles of experience – everything records

168 The human BODY is an automatic recording device. **EVERYTHING IS RECORDED** that occurs within an around the BODY FORCEFIELDS **ALL THE TIME**. This recording occurs whether the BODY is awake, asleep or unconscious.

With the proper instruction all of this data is recoverable and RELEASABLE if it is felt to be necessary.

The average humanoid inhabitants of this planet have BODY FORCEFIELDS, ASTRAL and ETHERIC, that extend outward in all directions about thirty yards. Some advanced students have reported that certain anchor-points are operated and maintained at distances of 10,000 miles to warn them of approaching meteorites and/or spacecraft.

169 Not only the BODY as a whole has this recording ability but each cell, molecular chain, atom and light particle has it. The sperm meeting the ovum at conception can be examined as an incident and ALL the data recovered — including what was THOUGHT by everyone present at the location.

> For many individuals the well-hidden so-called subconscious motivation factors for sex this lifetime is established, if not entirely established, by what occurred at conception.

170 DURING THE PRENATAL AREA EVERYTHING RECORDS. Abortion attempts are primary causes of several well known so-called illnesses.

> There is a tendency among married couples that, once pregnant, as much sex is indulged in as is possible in the early months of prenatal, since the wife cannot get anymore pregnant.

> The orgasm on the woman's part is a muscular convulsion of volcanic magnitude in relation to tiny cells and zygote. This is a traumatic experience of great magnitude and produces in some cases a hatred of one or both parents. The automatic survival interpretation of the developing infant is that he/she is being destroyed or at least a serious attempt is being made.

> The coitus chain of incidents where the small zygote or embryo is repeatedly rammed and shaken up by the male organ followed by the orgasmic explosion by the female, when keyed-in in later life, produces Parkinson's disease and other dramatizations of the entire BODY shaking. The male organ becomes the winning valence, which produces a shaking dramatization by the entire BODY later in life.

totality concept

Moments of pain and heavy emotional shock are the keyins in later years that cause automatic dramatizations on the entire body level.

The optimum approach for creating a BODY, earth style, is to abstain from sex activities during the nine-month prenatal period. Plenty of love and affection, but no actual sex act where the orgasm is involved by the mother.

It is well to remember that thoughts and emotions record all the time — thoughts and emotions of everyone around the prospective mother.

All of these things become the recorded influences that form the automatic survival mechanism that becomes the BODY. These recordings are neither logical nor reasonable except in response to automatic restimulation on the verbal and moments of pain level later in life. They have the tendency to be absolutely literal in many strange sorts of ways.

cycles of experience – composite recordings

171 This fantastically efficient automatic recording ABILITY of all cell structure extends through many lifetimes — CYCLES of EXPERIENCE of BIRTH – SURVIVE – DEATH.

The CELLS of each type of BODY at the end of each CYCLE retains as THOUGHT-FORM recordings all the THOUGHTS, EMOTIONS and EFFORTS involved in that experience.

The SPIRIT — the CELLULAR INTELLIGENCE — entering a new CYCLE of EXPERIENCE takes the old THOUGHT-FORMS as blueprints and builds them into ENERGY PATTERNS of structure. The new BODY is built with additional